

## READINESS TIPS FOR BACK-TO-SCHOOL

[UA Life & Work Connections' Child Care and Family Resources](#) at [The University of Arizona](#) is pleased to support greater Tucson and Phoenix area students and employees in planning for the 2009 academic year. Consider this sampling of adult and youth resources for assistance in:

- making a successful transition from summer time activities to fall school readiness
- encouraging student achievement throughout the year

### GENERAL TIPS AND RESOURCES (MULTI-AGES)

#### State of Arizona Government

- [State of Arizona Department of Education](#)  
[Child Development, Developmental Milestones](#)  
[Early Childhood Education, K-3](#)  
[A-Z Services](#)  
[School District Information](#) or  
visit UA Life & Work Connections [here](#)  
[Resource Center](#)  
[Homework Help](#)



#### United States Government

- [United States Department of Education](#)  
[Parents](#)  
[A-Z Index](#)
- [USA.gov \(the U.S. government's official web portal\)](#)  
[Back to School](#)

#### Associations and Organizations

- [American Academy of Pediatrics](#)  
["Back to School Tips"](#)
- [American Psychological Association – Help Center](#)  
["Dealing with the Back-to-School Blues?"](#)
- [American Red Cross](#)  
["Back-to-School Safety Tips"](#)
- [Kids Health](#)  
["Going Back to School"](#)
- [News for Parents](#)  
["Emphasize the Positive When Talking to Children About Returning to School"](#)  
["Back to School Homework Tips"](#)
- [About Our Kids - The New York University Child Study Center](#)  
["Back to School for Kids With Special Needs"](#)

## EARLY CHILDHOOD AND ELEMENTARY EDUCATION RESOURCES

### All of the above, plus

- [National Association for the Education of Young Children \(NAEYC\)](#)  
["Early Years Are Learning Years: Helping Young Children Start School" Information for Families](#)
- [American School Counselor Association](#)  
["Back-to-School Tips"](#)
- [National Association of School Psychologists](#)  
["Back-to-School Transitions: Tips for Parents"](#)
- [Parent Teacher Association \(PTA\)](#)  
["Back to School Central"](#)
- [Consumer Reports](#)  
["Back to School Health Tips"](#)
- [National Crime Prevention Council \(McGruff\)](#)  
["McGruff School Safety"](#)
- [Reading is Fundamental \(RIF\)](#)  
["Tips for Back to School Reading and Beyond"](#)



## MIDDLE AND HIGH SCHOOL EDUCATION RESOURCES

### All of the above, plus

- [United States Department of Education](#)  
["Think College? Me? Now? A Handbook for Students in Middle School and Junior High School"](#)
- [American School Counselor Association](#)  
["Preparing for Middle School"](#)  
["Make Your Home Preteen-Friendly"](#)  
["Getting Ready for High School"](#)
- [News for Parents](#)  
["Transitioning to Middle School"](#)
- [Public Broadcasting Service \(PBS\): It's My Life](#)  
[Middle School Resources](#)  
[High School Resources](#)



## VOCATIONAL, COLLEGE AND UNIVERSITY EDUCATION RESOURCES

### All of the above, plus

- [United States Department of Education](#)  
[“Preparing for College”](#) (includes links and information related to vocational, college and university resources)  
  
[“Preparing Your Child for College”](#)  
[Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities](#)
- [Market Watch](#)  
[“Adults in Session - Tips for Grown Ups Heading Back to School”](#)
- [The University of Arizona](#)  
[Future Students \(includes High School and Incoming Freshmen\)](#)

