ADVANTAGES FOR YOU:

- A service opportunity right where you work and with people you already know.
- A new opportunity to learn more about the value of wellness. All materials on health and well-being come from a research-based, scientific perspective.
- A fun opportunity to assist colleagues and to work with them in a different way.

LIAISON ROLE:

- Communicate information on wellness issues to your department, such as email health messages, presentations, health campaigns, special events, and classes.
- Provide feedback from your department members to LWC on areas of interest.
- Act as the contact person for the LWC health screenings.
- Be an enthusiastic advocate for wellness in your department!

ARE YOU READY TO TAKE YOUR WORKPLACE TO NEW PLACES?

Contact Nancy Rogers, MS, RDN, Coordinator, Employee Wellness and Health Promotion
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