



Movement Challenge

Ready to go the distance?

UA vs ASU vs NAU Employees Nov. 4-17, 2025

It's Wildcats vs Sun Devils vs Lumberjacks as the employees of all three state universities face off in a movement challenge. Each university will have one team, and whichever team averages a higher movement count wins up to 2,250 HIP points!

**Registration
Opens: Oct. 27**
via the Personify Health app

*Participants must be an employee of the universities and registered in the Health Impact Program through the Personify Health app to compete. Not registered for HIP yet? Join Here: enroll.personifyhealth.com
Already registered for HIP? [Login](#) to your Personify Health account, go to Social > Challenges > Join*